

IHE Innovation Forum:
Choosing Wisely®
in healthcare
A Canadian Perspective

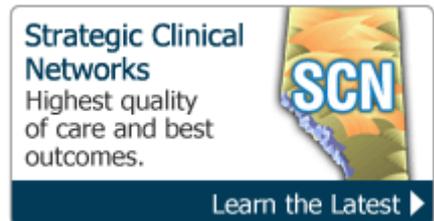
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Choosing Wisely and Strategic Clinical Networks

- Are these initiatives aligned?
- How can the Choosing Wisely “Five Things” inform us?
- How are they different?

Choosing Wisely:

- To help patients and physicians engage in conversations about the overuse of tests and procedures...to improve the quality and safety of health care in America and to help physicians to be better stewards of finite health care resources.



SCN's



- Physician and clinical leaders developing and implementing evidence informed, clinician led, health improvement to achieve the highest quality care with the best outcomes at the lowest reasonable cost.



Examples of alignment:

- Reducing inappropriate use of drugs
- Reducing costs and risks of unwarranted radiation exposure in a variety of settings
- Reducing use of unnecessary diagnostic tests
- Various clinical pathways: hip fractures, depression, asthma, rectal cancer

In the Planning Stage

- Reducing urinary catheterizations in the elderly
- Reducing the use of blood transfusions
- Increasing the use of pre-surgical treatments for head and neck cancer
- Standardized antibiotic and corticosteroid use in COPD



In the Thinking Stage



- Imaging of patients with dementia
- Cardiac Imaging guidelines
- Use of CT for cancer screening in healthy individuals

How are these 2 initiatives not the same?

- Canadian and Alberta clinical practice differences
- Networks focus on the continuum of care
- Networks are looking at what needs to be reduced **and** what needs to be increased
- Choosing Wisely initiative is a partnership with Consumer Reports
- Choosing Wisely is laying the foundation for sensitive discussions

The bottom line:

- The Choosing Wisely guidelines are tremendously helpful.

