

# Prevention of Ethanol-Induced Cardiac Defects by Folate Supplementation in Mouse Model



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# Statistics...

- ❑ In the United States 1 in 5 of over half a million women who report drinking alcohol during pregnancy also admit to binge drinking. It is known that even low levels of alcohol (ethanol; EtOH) prenatally can produce human birth defects.
- ❑ The annual total cost to society for the care of children and adults with Fetal Alcohol Syndrome (FAS) in the US is between 1.4 billion and 9.7 billion.
- ❑ Epidemiological studies suggest that *54% of live-born children with FAS have some kind of cardiac anomaly*. The malformations include valvuloseptal defects, stenosis of the pulmonary artery, Tetralogy of Fallot, and d-transposition of the great arteries.

# Congenital Heart Disease

- Congenital heart malformations, the most common of human birth defects, occur in ~ 1% of the population worldwide.
- Valve and associated structures continue to be the most common subtype of CHDs accounting for 25-30% of all cardiovascular malformations.
- Cardiac anomalies appear to arise from abnormal cell lineage decisions of early progenitor cells, disrupting normal patterning of morphogenetic pathways.



**Alcohol (ethanol) consumption during pregnancy is linked to congenital heart defects and to neural-related problems that are associated with Fetal Alcohol Syndrome (FAS).**

**A recent recommendation suggested that children born with cardiac defects also be tested for neural-related problems and developmental disabilities (Marino et al., 2012).**

**This underscores the common developmental processes that are involved in both cardiac and neural development occurring at the same time of development during gastrulation.**

## **49% of pregnancies are unintended!**

Walker, D., et al., *Fetal Alcohol Spectrum Disorders Prevention: An exploratory study of women's use of, attitudes toward, and knowledge about alcohol*. J Amer Acad Nurse Practitioners, 2005. 17(5): p. 187-193.

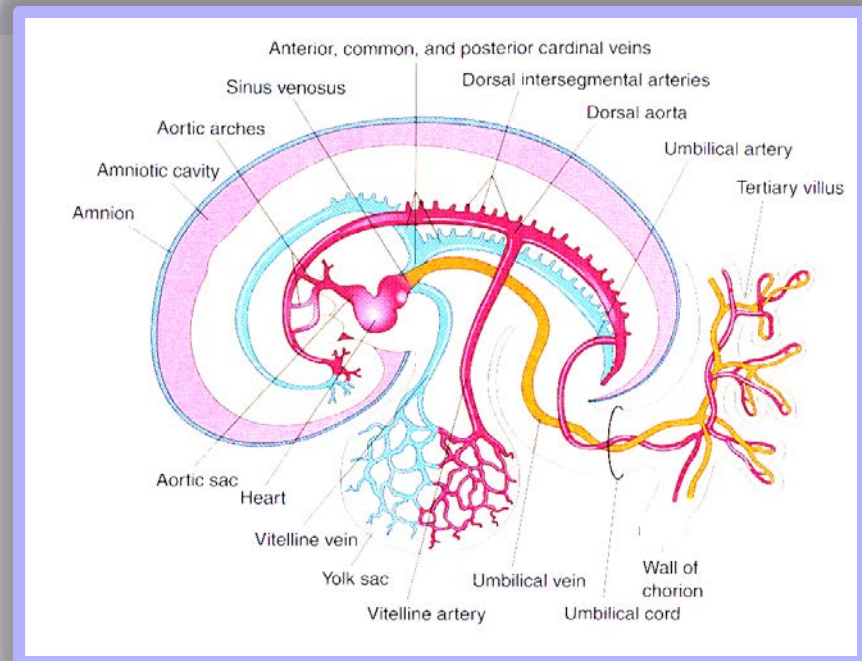
**Gastrulation should be considered a high risk period of pregnancy, as a woman may be yet unaware of her pregnancy and is not taking precautionary measures to reduce exposure risks to the embryo, as for example, by not taking certain drugs, not drinking alcohol, and not smoking.**

**The mother also may not have started folic acid dietary supplementation known to decrease risk of birth defects.**

Early cardiac progenitor cells begin to differentiate in the heart fields.

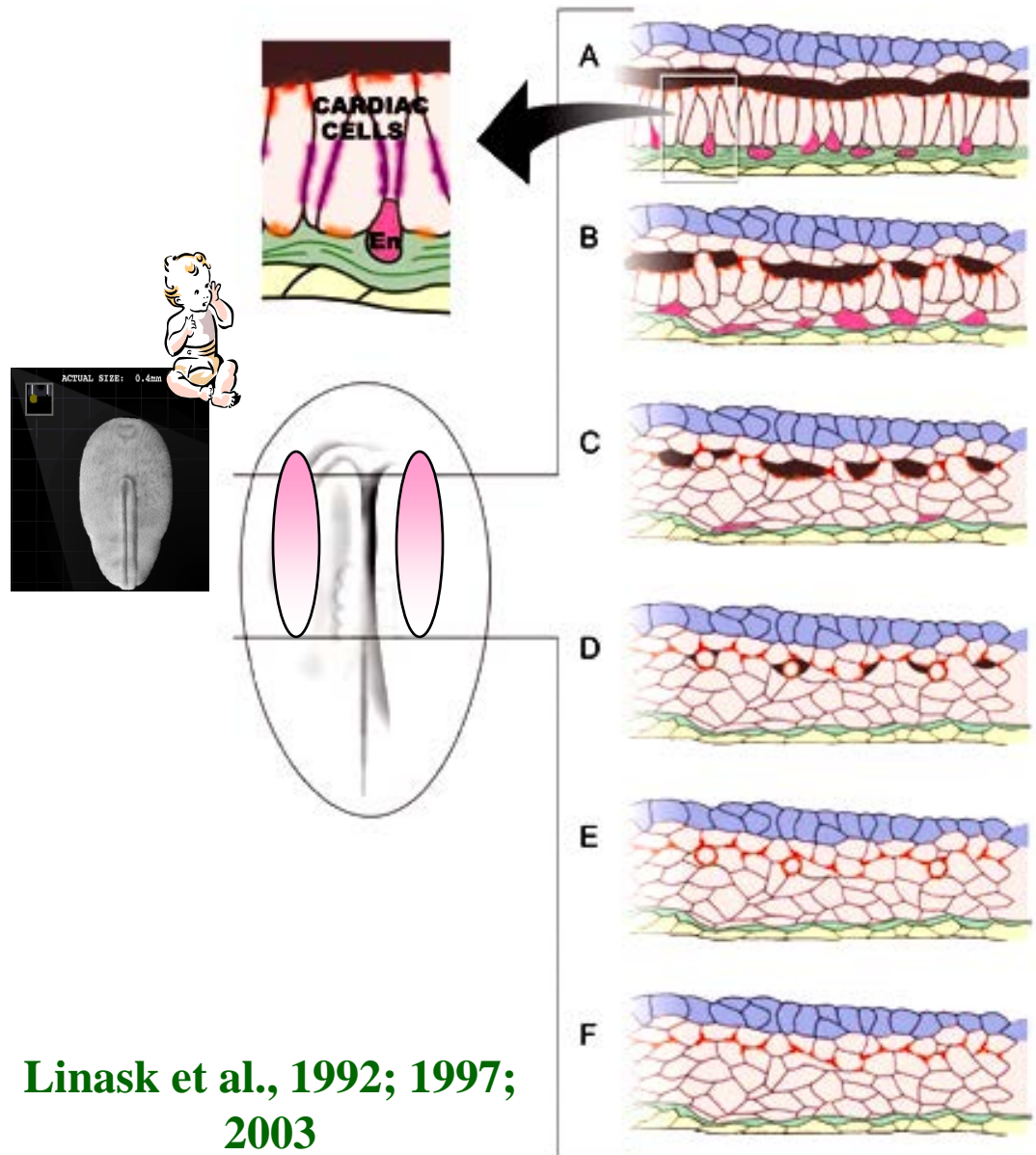
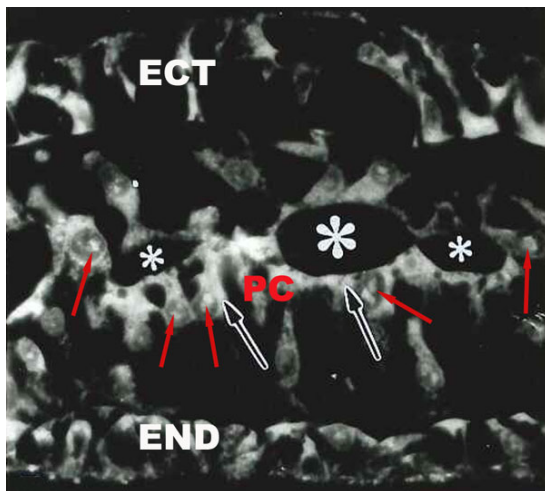


**16 days Human Embryo**  
(from *Visual embryo* website)



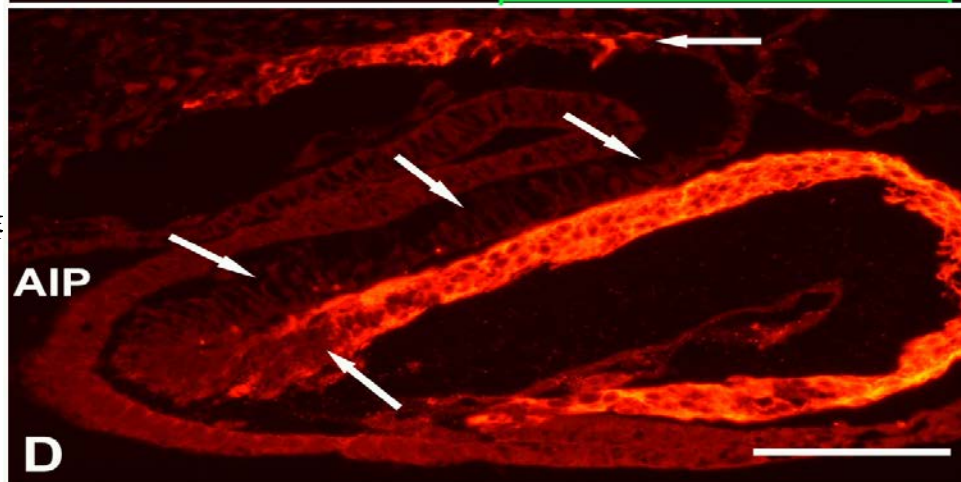
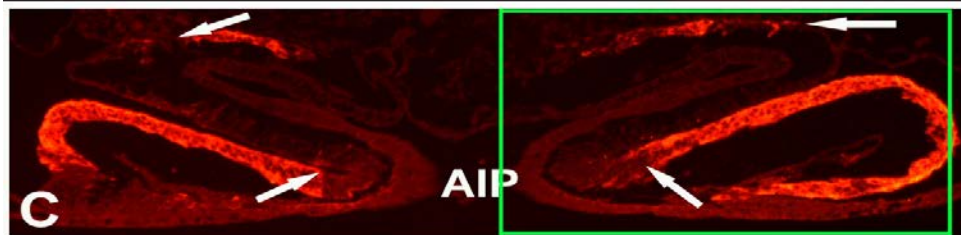
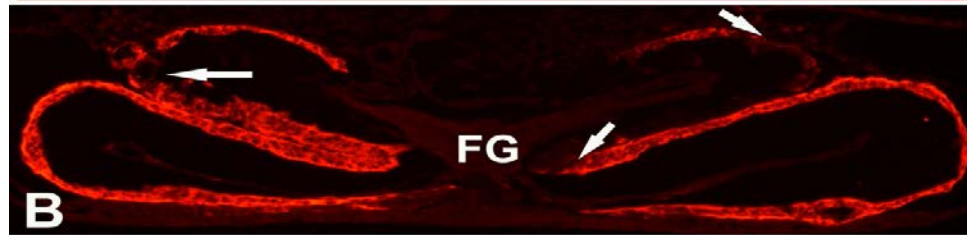
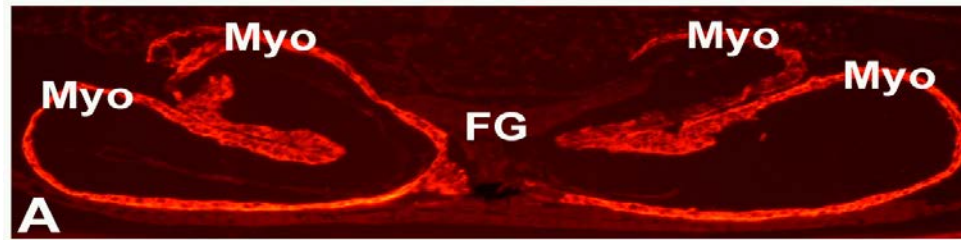
# Heart Organogenesis

During *gastrulation*, Wnt/beta-catenin signaling and the induction of the heart compartment occur in an anterior/posterior progression initiating cardiac cell specification and cell sorting across the bilateral regions of the mesoderm layer.

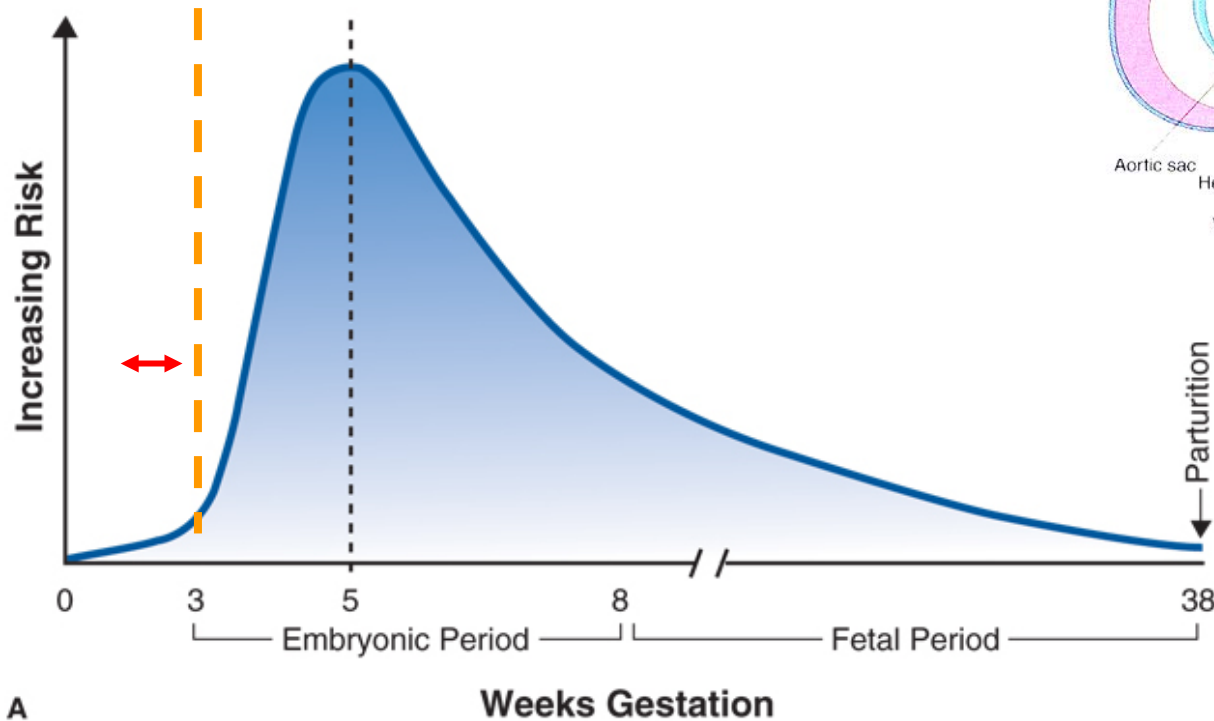


Linask et al., 1992; 1997;  
2003





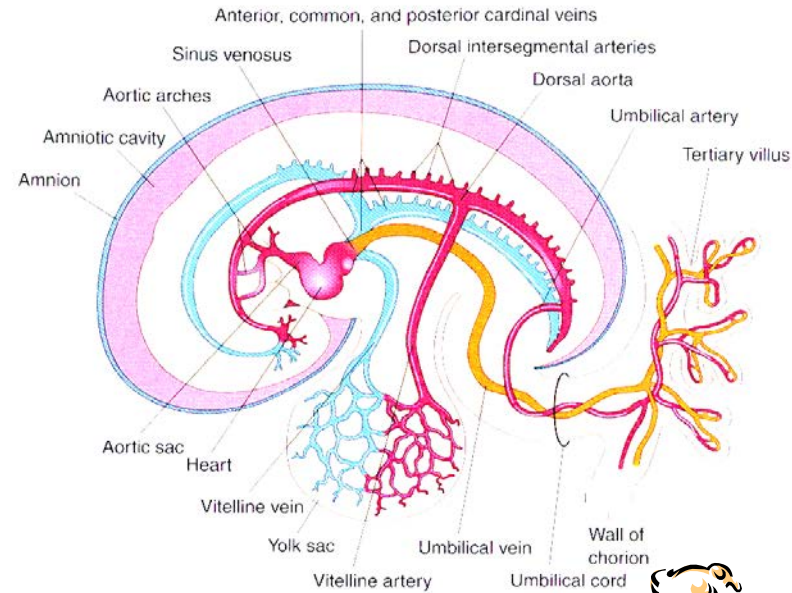
## Risk of Birth Defects Being Induced



A

11-5A Risk of birth defects graph

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**16 days Human Embryo**  
(from *Visual embryo* website)



# Defining the effects of alcohol on heart development in the mouse model.

## METHODOLOGY:

- Pregnant mice were exposed **acutely** to an accepted binge drinking level of EtOH (two i.p. injections of 2.9 g EtOH/kg maternal weight, given 3 hrs apart).
- Exposure targeted ED 6.75 (**gastrulation**).



ED6.75

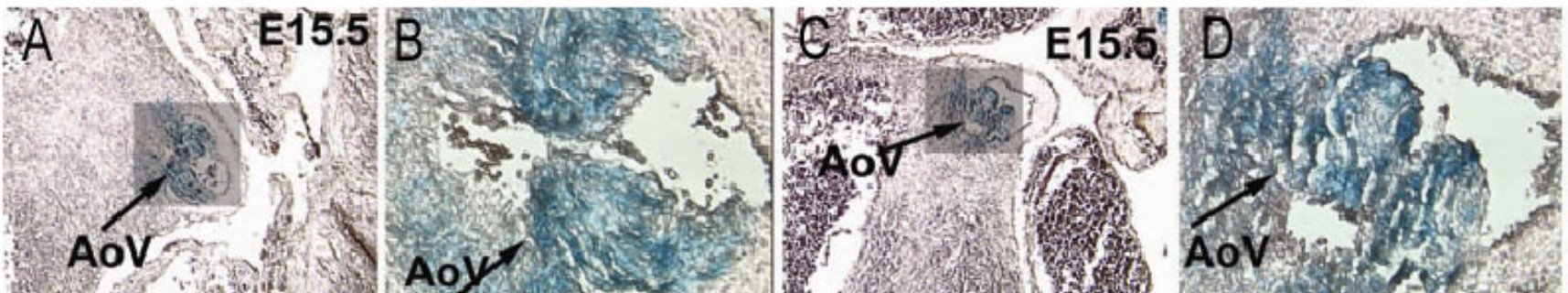
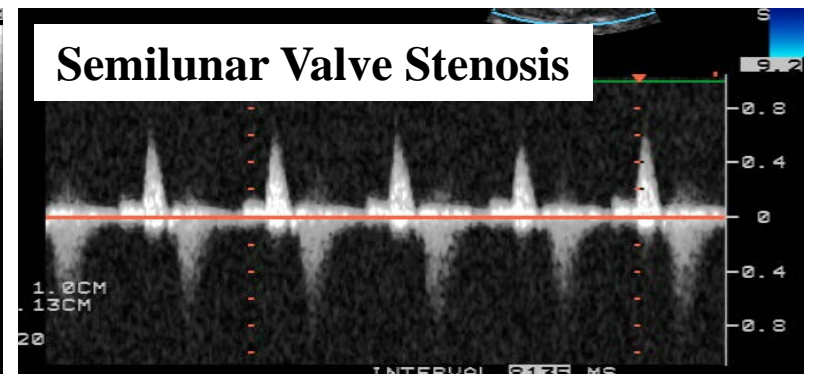
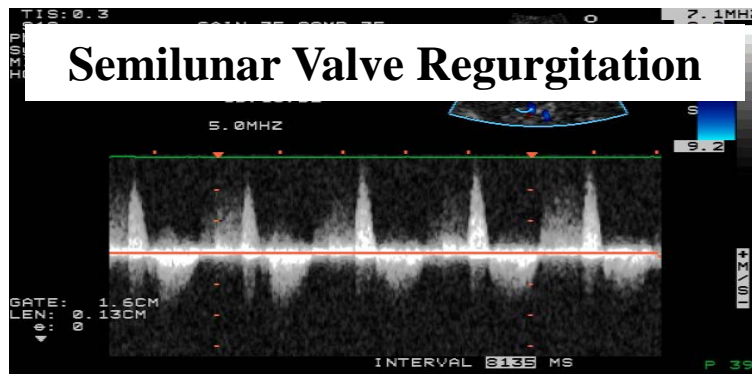
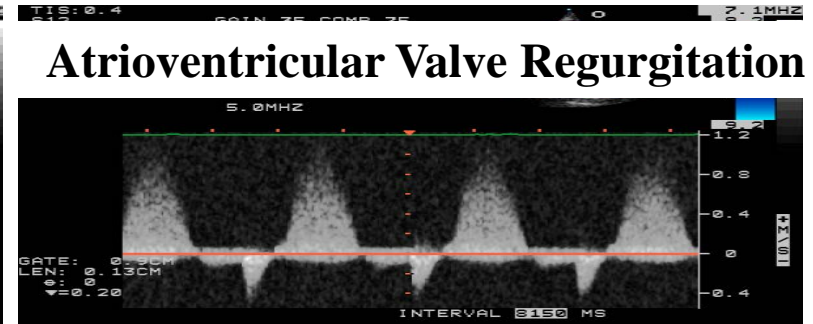
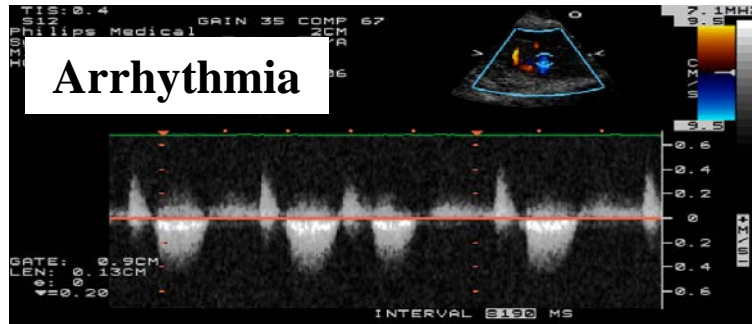


ED15.5

**On ED 15.5 of gestation doppler echocardiography was used to determine effects of alcohol on embryonic mouse heart function in control and ethanol exposed embryos.**



# A binge drinking exposure of ethanol on ED 6.75 resulted in abnormal fetal cardiac function and valve defects.



Blue signal is active Wnt/ $\beta$ -catenin signaling using the TopGal transgenic line.

## Folic Acid Supplementation

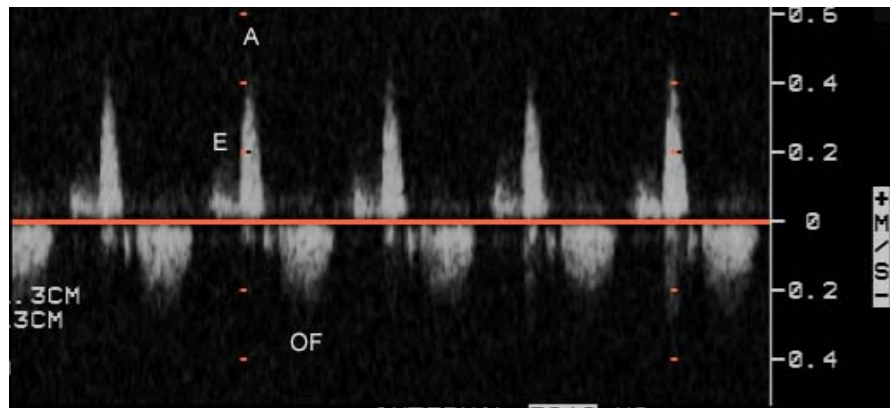
**Question: Does folic acid when provided early in gestation on morning after conception reverse the adverse effects of EtOH on mouse heart development,?**

Serrano, M., Brinez, P., Han, M., Lastra-Vicente, R., and K.K. Linask. 2010. Fetal Alcohol Syndrome: Cardiac birth defects and prevention with folate. Amer. J. Obst. Gyn. 203(1):75.e7-75.e15.



**Mouse Model: Dietary folate supplementation (10 mg/kg or 6.2 mg/kg) was started on morning of vaginal plug detection.**

**Only the high dose of folate provided complete protection of cardiac defects.**



**A combination of folate and myo-inositol is more effective in embryonic protection than folate alone.**



# Microarray Analysis of Cardiac Gene Expression after Hcys or Li Environmental Exposure and Folate Protection: 46,000 genes analyzed- partial list shown

Probe Set ID	MGI ID	Gene Symbol	Gene name	cont_f1	cont_m1	fol_f1	fol_m1	hcys_f1	hcys_m1	hcys_fol_n	hcys_fol_n
1415670_at	MGI:1858696	<i>Copg</i>	coatamer protein complex	4381.894	4049.183	4048.528	4553.339	3572.049	4224.668	4177.908	3817.761
1415671_at	MGI:1201778	<i>Atp6v0d1</i>	ATPase, H <sup>+</sup> transporting, ly	1764.673	1976.29	2320.816	1823.785	1349.806	1398.403	1425.568	1307.183
1415672_at	MGI:1931029	<i>Golga7</i>	golgi autoantigen, golgin s	1948.241	3758.104	3848.113	3239.172	2262.918	2360.037	1922.55	2670.27
1415673_at	MGI:97788	<i>Psph</i>	phosphoserine phosphatas	618.5833	505.0409	553.3615	509.2196	349.7614	505.1182	541.353	526.3654
1415674_a_at	MGI:1926211	<i>Trappc4</i>	trafficking protein particle	496.6929	694.7563	1089.279	742.8884	450.3383	282.4902	387.5005	304.3258
1415675_at	MGI:1330238	<i>Dpm2</i>	dolichol-phosphate (beta-l	383.3334	448.2151	497.1434	280.0154	290.23	420.5334	359.4152	354.0223
1415676_a_at	MGI:1194513	<i>Psmb5</i>	proteasome (prosome, ma	1499.129	1386.078	1453.692	1717.444	1192.992	1220.144	1012.892	1748.755
1415677_at	MGI:1196314	<i>Dhrs1</i>	dehydrogenase/reductase	1136.014	1244.641	1454.54	1331.653	923.0054	560.6948	972.069	805.2863
1415678_at	MGI:99878	<i>Ppm1a</i>	protein phosphatase 1A, m	2657.436	2711.358	2963.827	2415.589	1570.609	2853.237	2096.704	2768.292
1415679_at	MGI:1913590	<i>Psenen</i>	presenilin enhancer 2 hom	1510.746	1949.031	2056.696	2146.628	1023.225	1496.061	1052.053	1755.721
1415680_at	MGI:103097	<i>Anapc1</i>	anaphase promoting comp	432.6488	500.3459	518.5495	445.2057	461.4906	415.4733	345.8844	488.6902
1415681_at	MGI:2137229	<i>Mrpl43</i>	mitochondrial ribosomal p	575.8404	763.6791	728.1792	841.1053	874.0128	505.4614	470.8344	812.7607
1415682_at	MGI:1929705	<i>Xpo7</i>	exportin 7	1540.643	1087.316	1259.561	1147.983	1253.236	1364.663	1234.937	1223.098
1415683_at	MGI:102579	<i>Nmt1</i>	N-myristoyltransferase 1	1954.37	1552.287	1419.278	1525.768	1953.782	1784.272	1678.184	1917.643
1415684_at	MGI:1277186	<i>Atg5</i>	autophagy-related 5 (yeast	175.0484	125.1713	106.6942	166.6456	103.6443	133.7943	83.76933	83.23336
1415685_at	MGI:1924034	<i>Mtlf2</i>	mitochondrial translationa	1029.952	957.166	1211.991	869.0511	1016.741	852.2298	923.4233	1319.663
1415686_at	MGI:1915615	<i>Rab14</i>	RAB14, member RAS oncog	4394.826	5038.791	5949.819	4853.312	5657.124	2099.307	4270.967	3103.666
1415687_a_at	MGI:97783	<i>Psap</i>	prosaposin	1769.432	2682.05	3061.212	3122.189	3023.867	951.5561	2342.256	2293.545
1415688_at	MGI:1914378	<i>Ube2g1</i>	ubiquitin-conjugating enzy	1532.697	1708.67	1466.205	1423.635	1834.254	1220.537	1467.764	1801.445
1415689_s_at	MGI:1919989	<i>Zkscan3</i>	zinc finger with KRAB and S	1029.743	1751.251	1476.208	1414.746	1736.538	857.3862	1377.533	1270.622
1415690_at	MGI:2137224	<i>Mrpl27</i>	mitochondrial ribosomal p	245.3592	569.4192	771.1092	635.697	283.609	255.0949	590.2464	348.7104
1415691_at	MGI:107231	<i>Dlg1</i>	discs, large homolog 1 (Drc	1486.687	1728.542	1665.818	1528.437	1245.248	1382.072	1187.482	1488.407
1415692_s_at	MGI:88261	<i>Canx</i>	calnexin	2963.536	2887.495	2973.107	2362.416	2142.342	2128.076	2030.749	1788.563
1415693_at	MGI:1915069	<i>Der1l</i>	Der1-like domain family, n	1704.223	1531.252	1181.956	1220.054	1500.627	1178.364	1014.351	1196.8
1415694_at	MGI:104630	<i>Wars</i>	tryptophanyl-tRNA synthe	76.75212	144.1621	140.4248	138.1436	26.49555	88.80827	106.4045	117.0879
1415695_at	MGI:1347005	<i>Psma1</i>	proteasome (prosome, ma	2291.929	3236.799	3652.097	3196.399	1995.114	2566.91	3341.725	3635.205
1415696_at	MGI:98230	<i>Sar1a</i>	SAR1 gene homolog A (S. c	5528.373	6803.128	6628.831	7948.772	5872.595	5226.385	6864.207	7825.054
1415697_at	MGI:2442040	<i>G3bp2</i>	GTPase activating protein (	1712.134	1797.804	2299.286	1563.901	2355.497	1507.226	2064.454	1969.053
1415698_at	MGI:1917329	<i>Golm1</i>	golgi membrane protein 1	1591.254	1502.734	1345.283	1762.217	956.4868	1489.529	1349.136	1888.793
1415699_a_at	MGI:2384801	<i>Gps1</i>	G protein pathway suppres	801.5099	664.5256	623.386	755.8324	625.7438	694.2394	454.5206	732.7302
1415700_a_at	MGI:1914687	<i>Ssr3</i>	signal sequence receptor, p	12621.73	10972.25	9355.132	13481.27	14362.36	13294.61	14600.53	14106.93
1415701_x_at	MGI:1929455	<i>Rpl23</i>	ribosomal protein L23	17189.58	12166.4	11366.39	21292.34	27892.49	18064.55	29430.91	23213.85

# Gender-related Changes in Fetal Heart of Wnt-Associated Gene Expression

**Table 1 . Gender-Related Changes in Fetal Heart of Wnt- Associated Gene Expression with Lithium, Homocysteine or Folate Exposure**

MGI ID	Symbol	Name	lith_f1_vs cont f1	lith_m1_vs cont m1	lith_f1_vs fol f1	lith_m1_vs fol m1	lith_f1_vs lith fol f1	lith_f1_vs lith fol f2	hcys_f1_vs cont f1	hcys_m1_vs cont m1	hcys_f1_vs fol f1	hcys_m1_vs fol m1	hcys_m1_vs hcys fol m1	hcys_m1_vs hcys fol m2
MGI:101926	<i>Dlx5</i>	distal-less homeobox 5	DOWN	UP	UP	DOWN	UP	DOWN	UP	UP	UP	DOWN	UP	UP
MGI:109247	<i>Ddit3</i>	DNA-damage inducible transcript 3	UP	DOWN	UP	DOWN	UP	UP	DOWN	UP	DOWN	DOWN	UP	UP
MGI:109340	<i>Pitx2</i>	paired-like homeodomain transcript	UP	UP	UP	DOWN	UP	UP	DOWN	INCONSISTENT	DOWN	DOWN	DOWN	DOWN
MGI:1344337	<i>Grem1</i>	gremlin 1	UP	DOWN	UP	DOWN	DOWN	UP	UP	UP	UP	DOWN	DOWN	DOWN
MGI:1352498	<i>Ndrg2</i>	N-myc DOWNstream regulated gene 2	UP	UP	UP	DOWN	DOWN	DOWN	UP	DOWN	UP	DOWN	DOWN	DOWN
MGI:97845	<i>Rac1</i>	RAS-related C3 botulinum substrate 1	UP	INCONSISTENT	UP	DOWN	INCONSISTENT	UP	UP	UP	UP	DOWN	INCONSISTENT	INCONSISTENT
MGI:1921749	<i>Sost</i>	sclerostin	UP	DOWN	UP	DOWN	UP	DOWN	DOWN	UP	DOWN	DOWN	UP	UP
MGI:1923988	<i>Paf1</i>	Paf1, RNA polymerase II associated fa	DOWN	DOWN	UP	DOWN	DOWN	DOWN	DOWN	DOWN	UP	DOWN	DOWN	DOWN
MGI:2442252	<i>Lrp4</i>	low density lipoprotein receptor-rela	UP	DOWN	UP	DOWN	DOWN	UP	UP	DOWN	UP	DOWN	DOWN	DOWN
MGI:2442609	<i>Rnf43</i>	ring finger protein 43	UP	UP	UP	DOWN	UP	UP	UP	UP	UP	DOWN	UP	UP
MGI:102784	<i>Tgfb1i1</i>	transforming growth factor beta 1 ind	DOWN	UP	DOWN	UP	DOWN	DOWN	DOWN	UP	DOWN	UP	UP	UP
MGI:105100	<i>Ctnnd1</i>	catenin (cadherin associated protein	DOWN	UP	DOWN	UP	DOWN	DOWN	DOWN	UP	INCONSISTENT	UP	UP	UP
MGI:108117	<i>Emd</i>	emerin	DOWN	UP	DOWN	UP	UP	UP	UP	DOWN	DOWN	DOWN	DOWN	DOWN
MGI:1270862	<i>Axin2</i>	axin2	DOWN	UP	DOWN	UP	DOWN	UP	DOWN	UP	DOWN	UP	UP	UP
MGI:1278315	<i>Lrp5</i>	low density lipoprotein receptor-rela	UP	DOWN	DOWN	UP	UP	UP	DOWN	UP	DOWN	UP	UP	UP
MGI:1344332	<i>Wif1</i>	Wnt inhibitory factor 1	UP	DOWN	DOWN	UP	DOWN	DOWN	UP	DOWN	UP	DOWN	DOWN	DOWN
MGI:1347469	<i>Foxl1</i>	forkhead box L1	DOWN	DOWN	DOWN	UP	DOWN	DOWN	UP	DOWN	UP	UP	DOWN	DOWN

**Abbreviations:** lith, lithium exposure; f1 or f2 are female embryos #1 or #2; cont, control embryo; m1 or m2, male embryos #1 or #2; fol, folate only exposure; lith\_fol, lithium exposure with folate supplementation;

hcys, homocysteine exposure; hcys\_fol, homocysteine exposure with folate supplementation



# Gender-Associated Changes: Gene Ontology of Specific Biological Processes

Table 5. Gender-Associated Changes: Gene Ontology (GO) Specific Biological Processes

GO ID	Description	hcy1_vs_f1	hcy1_vs_f1	lth1_vs_f1	lth1_vs_f1	lth1_vs_f1	lth1_vs_f1	hcy1_vs_m1	hcy1_vs_m1	hcy1_vs_m1	hcy1_vs_m1	lth1_vs_m1	lth1_vs_m1	Number of Instances
		vs_f1	vs_f1	vs_f1	vs_f1	vs_f1	vs_f1	vs_m1	vs_m1	vs_m1	vs_m1	vs_m1	vs_m1	
GO:0007186	G-protein coupled receptor signaling	NS	INCONS	UP	UP	NS	NS	UP	UP	NS	UP	UP	UP	8
GO:0006635	fatty acid beta-oxidation	NS	NS	NS	DOWN	NS	NS	DOWN	DOWN	DOWN	DOWN	DOWN	DOWN	7
GO:0018034	organic acid catabolic process	NS	NS	NS	DOWN	NS	NS	DOWN	DOWN	DOWN	DOWN	DOWN	DOWN	7
GO:0046895	carboxylic acid catabolic process	NS	NS	NS	DOWN	NS	NS	DOWN	DOWN	DOWN	DOWN	DOWN	DOWN	7
GO:0055114	oxidation-reduction process	UP	UP	NS	NS	NS	NS	DOWN	DOWN	DOWN	DOWN	NS	DOWN	7
GO:0006082	organic acid metabolic process	NS	NS	NS	DOWN	NS	NS	DOWN	DOWN	DOWN	DOWN	NS	DOWN	6
GO:0006457	protein folding	NS	NS	NS	NS	NS	NS	DOWN	DOWN	DOWN	DOWN	DOWN	DOWN	6
GO:0006758	ATP biosynthetic process	UP	UP	NS	UP	NS	NS	NS	DOWN	DOWN	DOWN	NS	NS	6
GO:0007155	cell adhesion	NS	DOWN	NS	NS	DOWN	NS	UP	NS	UP	UP	NS	DOWN	6
GO:0006062	fatty acid catabolic process	NS	NS	NS	NS	NS	NS	DOWN	DOWN	DOWN	DOWN	DOWN	DOWN	6
GO:0018995	fatty acid oxidation	NS	NS	NS	NS	NS	NS	DOWN	DOWN	DOWN	DOWN	DOWN	DOWN	6
GO:0018752	carboxylic acid metabolic process	NS	NS	NS	DOWN	NS	NS	DOWN	DOWN	DOWN	DOWN	NS	DOWN	6
GO:0022610	biological adhesion	NS	DOWN	NS	NS	DOWN	NS	UP	NS	UP	UP	NS	DOWN	6
GO:0032787	monocarboxylic acid metabolic process	NS	NS	NS	DOWN	NS	NS	DOWN	DOWN	DOWN	DOWN	NS	DOWN	6
GO:0034440	lipid oxidation	NS	NS	NS	NS	NS	NS	DOWN	DOWN	DOWN	DOWN	DOWN	DOWN	6
GO:0043436	oxoacid metabolic process	NS	NS	NS	DOWN	NS	NS	DOWN	DOWN	DOWN	DOWN	NS	DOWN	6
GO:0044281	small molecule metabolic process	NS	NS	NS	DOWN	NS	NS	DOWN	DOWN	DOWN	DOWN	NS	DOWN	6
GO:0044282	small molecule catabolic process	NS	NS	NS	DOWN	NS	NS	DOWN	DOWN	DOWN	DOWN	NS	DOWN	6
GO:0044712	single-organism catabolic process	NS	NS	NS	DOWN	NS	NS	DOWN	DOWN	DOWN	DOWN	NS	DOWN	6
GO:0061058	somite development	NS	DOWN	NS	NS	NS	NS	UP	UP	UP	UP	NS	UP	6
GO:0071804	cellular potassium ion transport	NS	UP	NS	UP	NS	NS	UP	UP	NS	NS	UP	NS	6
GO:0071805	potassium ion transmembrane transport	NS	UP	UP	UP	NS	NS	UP	UP	NS	NS	UP	NS	6
GO:0072328	monocarboxylic acid catabolic process	NS	NS	NS	NS	NS	NS	DOWN	DOWN	DOWN	DOWN	DOWN	DOWN	6
GO:0008012	muscle system process	UP	UP	UP	UP	NS	NS	NS	NS	NS	DOWN	NS	NS	5
GO:0006091	generation of precursor metabolites	UP	UP	NS	NS	NS	NS	NS	DOWN	DOWN	DOWN	NS	NS	5
GO:0006310	DNA recombination	NS	NS	NS	NS	NS	NS	DOWN	DOWN	DOWN	DOWN	DOWN	NS	5
GO:0006412	translation	UP	NS	NS	NS	NS	NS	NS	DOWN	DOWN	DOWN	NS	DOWN	5
GO:0006631	fatty acid metabolic process	NS	NS	NS	DOWN	NS	NS	DOWN	DOWN	DOWN	DOWN	NS	NS	5
GO:0006782	coenzyme metabolic process	NS	NS	DOWN	NS	NS	NS	DOWN	DOWN	DOWN	DOWN	NS	NS	5
GO:0006818	hydrogen transport	UP	UP	NS	UP	NS	NS	NS	NS	DOWN	DOWN	NS	NS	5
GO:0007218	neuropeptide signaling pathway	UP	DOWN	UP	NS	NS	NS	NS	NS	NS	UP	NS	UP	5
GO:0009108	coenzyme biosynthetic process	DOWN	NS	DOWN	DOWN	DOWN	NS	NS	NS	NS	DOWN	NS	NS	5
GO:0009142	nucleoside triphosphate biosynthetic process	UP	UP	NS	NS	NS	NS	NS	DOWN	DOWN	DOWN	NS	NS	5
GO:0009143	purine nucleoside triphosphate biosynthetic process	UP	UP	NS	NS	NS	NS	NS	DOWN	DOWN	DOWN	NS	NS	5
GO:0009201	ribonucleoside triphosphate biosynthetic process	UP	UP	NS	NS	NS	NS	NS	DOWN	DOWN	DOWN	NS	NS	5
GO:0009206	purine ribonucleoside triphosphate biosynthetic process	UP	UP	NS	NS	NS	NS	NS	DOWN	DOWN	DOWN	NS	NS	5
GO:0015985	energy coupled proton transport	UP	UP	NS	UP	NS	NS	NS	NS	DOWN	DOWN	NS	NS	5
GO:0015986	ATP synthesis coupled proton transport	UP	UP	NS	UP	NS	NS	NS	NS	DOWN	DOWN	NS	NS	5
GO:0021545	cranial nerve development	NS	DOWN	NS	NS	NS	DOWN	UP	NS	UP	UP	NS	NS	5
GO:0022900	electron transport chain	UP	UP	NS	NS	NS	NS	NS	DOWN	DOWN	DOWN	NS	NS	5
GO:0033538	fatty acid beta-oxidation using acyl-CoA oxidase	NS	NS	NS	NS	NS	NS	DOWN	DOWN	DOWN	DOWN	DOWN	NS	5
GO:0035282	segmentation	NS	DOWN	NS	NS	NS	NS	UP	UP	UP	UP	NS	NS	5
GO:0044710	single-organism metabolic process	NS	NS	NS	DOWN	NS	NS	NS	DOWN	DOWN	DOWN	NS	DOWN	5
GO:0051186	cofactor metabolic process	NS	NS	NS	DOWN	NS	NS	DOWN	DOWN	DOWN	DOWN	NS	NS	5
GO:0060348	bone morphogenesis	NS	DOWN	UP	NS	NS	NS	UP	UP	NS	UP	NS	NS	5

The bioinformatic analyses indicate the misexpression can have a *gender bias* for specific genes.

## Genes Appearing in Multiple Gene Ontology Categories Pertaining to Lipid Metabolism

Analyzing genes that appear in all of the classes as (i) cellular processes of **fatty acid oxidation**, (ii) **fatty acid beta oxidation**, (iii) **lipid oxidation** or (iv) **fatty acid beta oxidation using acyl CoA dehydrogenase**, in both Li- and HCy-exposed heart tissue, the genes appearing in all classes included:

*acyl CoA dehydrogenase 11 (Acad11)*

*acyl CoA dehydrogenase long chain (Acadl)*

*acyl CoA dehydrogenase medium chain (Acadm)*

*acyl CoA dehydrogenase short chain (Acads)*

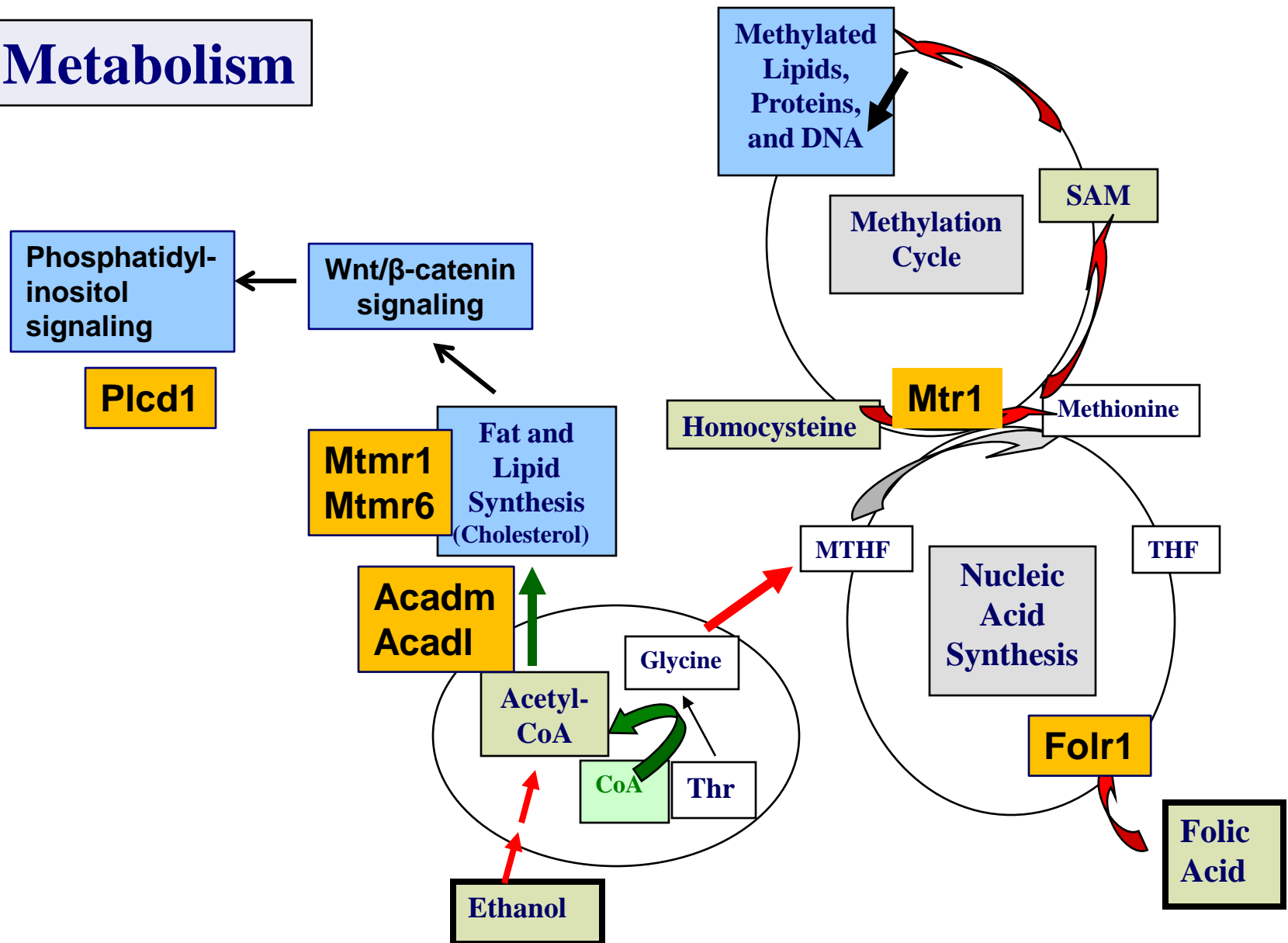
*acyl CoA dehydrogenase very long chain (Acadvl)* and

*electron transferring flavoprotein dehydrogenase (Etfdh)*

Notably all of the protein products of these genes localize to the mitochondria.

**Lipids essentially serve three critical cell functions: energy storage, structural components of membranes, and lipid modifications for activity of cell signaling factors.**

# Metabolism

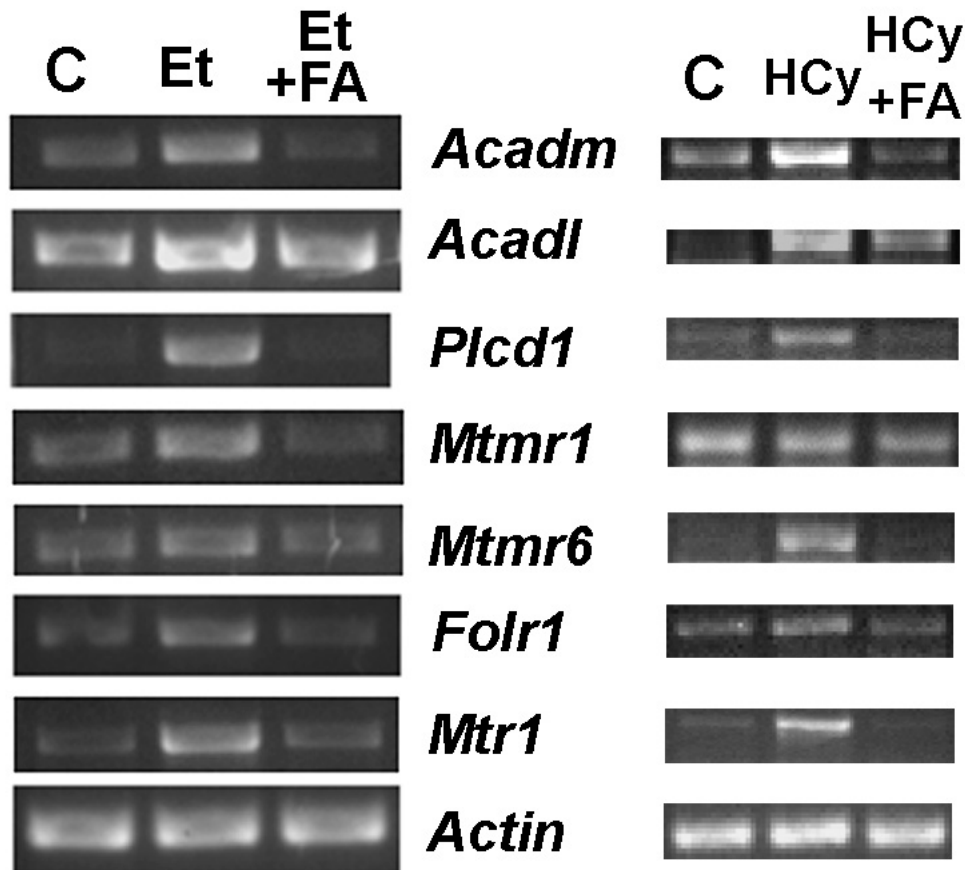




# Alcohol alters gene expression similarly to that of elevated HCy exposure: RT-PCR Analyses of the ED 15.5 mouse heart

## Alcohol Exposure

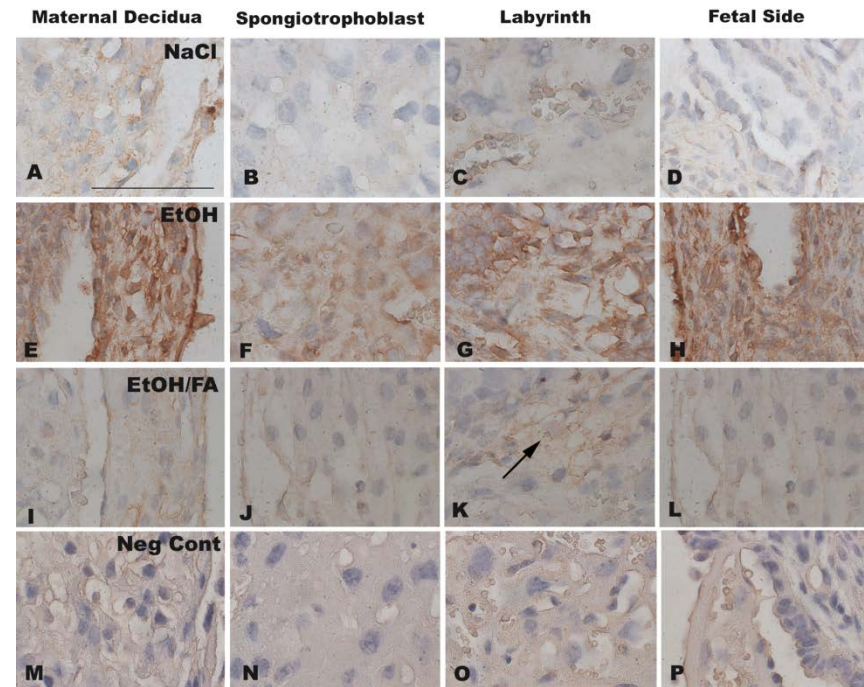
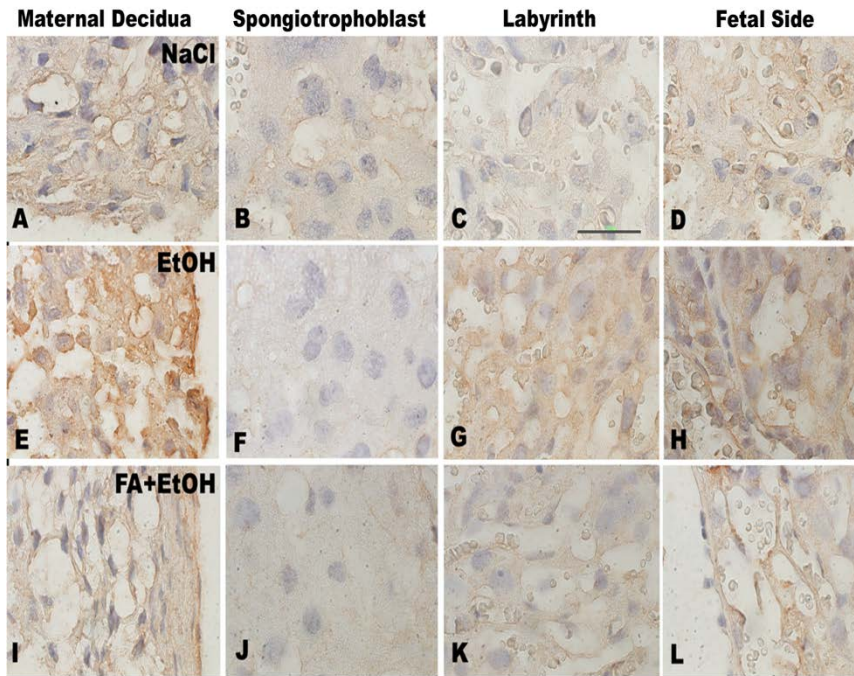
## Homocysteine Exposure



Importantly, our RT-PCR data analyzing the alcohol-exposed fetal heart indicate the fatty acid metabolism- and folate-related genes are **upregulated *within the embryonic and fetal heart tissues***, seemingly to overcome folate metabolism-related deficiency.

**Folate protects gene expression by maintaining expression close to control levels.**

# Heart-Placenta Axis: IUGR and Ethanol Effects



**NMHC-IIA** has a unique, but necessary role in placentation. Function is unknown. If knocked out, embryonic lethality occurs.

**NMHC-IIB** appears to be involved in cell motility. If knocked out, embryos develop, but die from cardiac defects at mid-gestation.

## Changes in Fatty Acid Metabolism *within the Embryo*: An emerging common theme in...

- Alcohol abuse
- Diabetes
- Obesity
- Lithium exposure
- Elevated homocysteine (folate deficiency)
- ...**and they all relate to a higher risk of CHD**

Genes involved in fatty acid metabolism can be epigenetically regulated by specific methylation patterns within promoter and intragenic regions.

These patterns can be transmitted from one generation to another.



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