

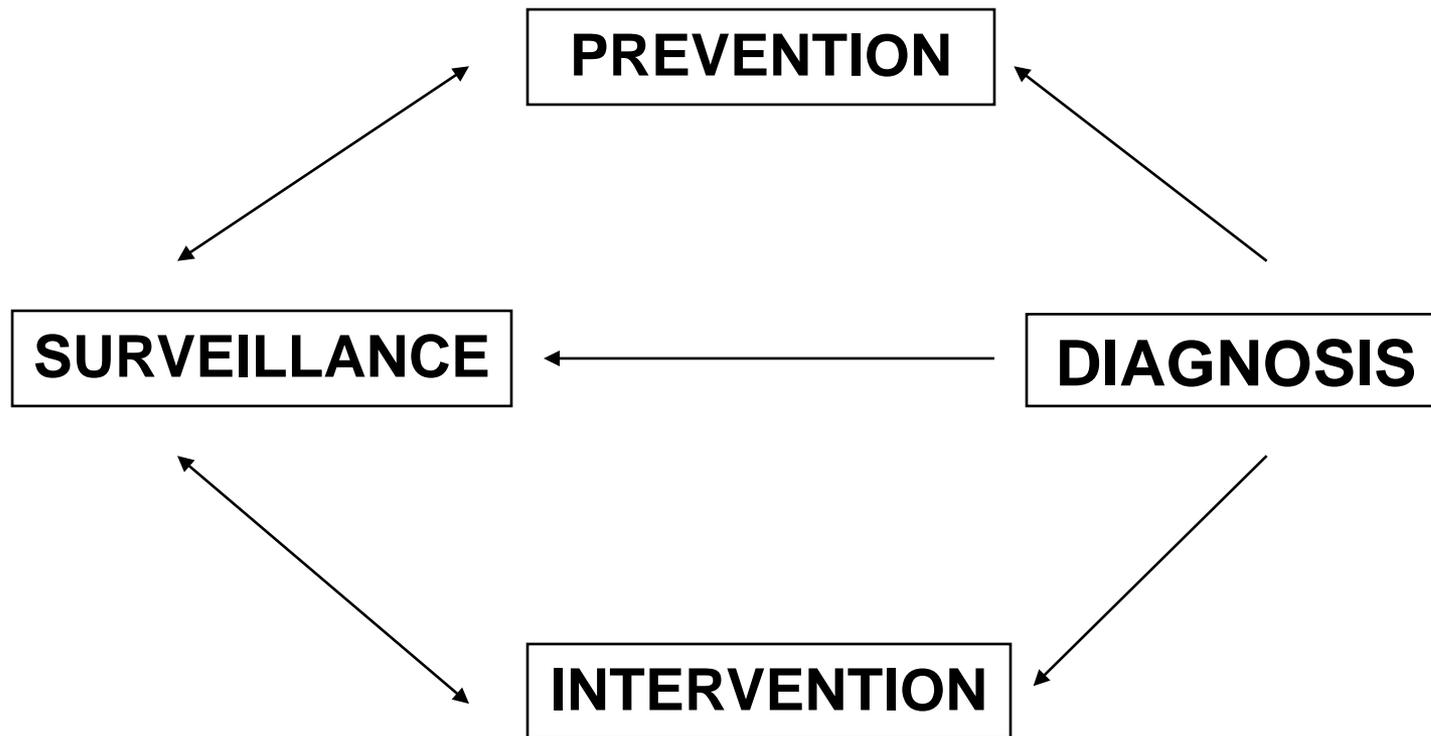
*Together:
Finding Answers,
Improving Outcomes.*

Fetal Alcohol Spectrum Disorder:

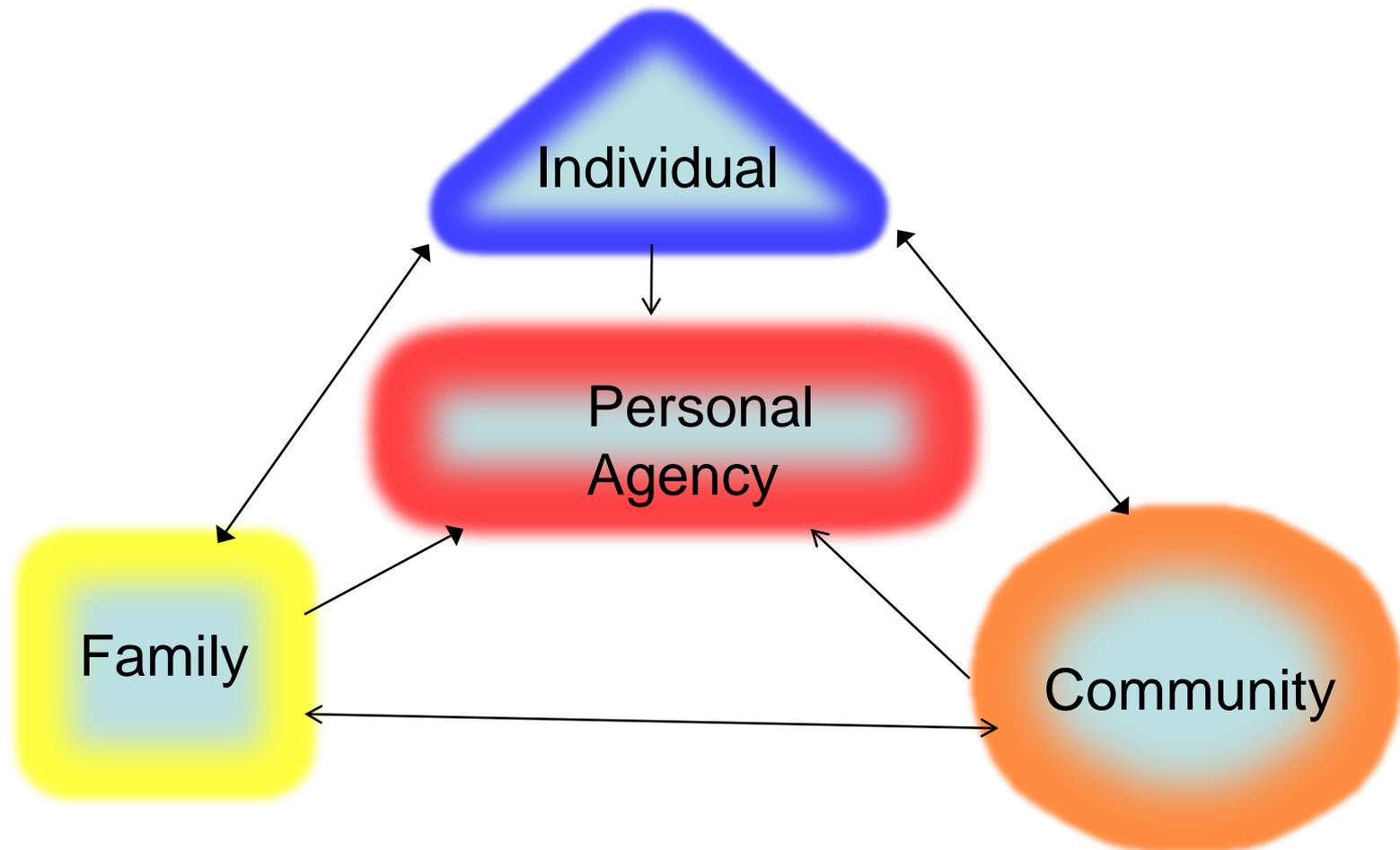
Prevention Efforts in Canada

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We believe that Prevention work in FASD informs and is informed by all other work in FASD



Prevention work depends on the answer to: Who is responsible to prevent of an epidemic?



FASD prevention efforts come from Federal, Provincial and local initiatives

Canada has been actively interested in FASD prevention since the late 1970's and early 1980's after initial works identifying the condition in Canada.

Efforts lead specifically by "persistent" professionals like Geoffery Robinson, Kwadwo Asante, Julianne Conrey, Christine Loock, Gideon Koren, Ted Rosalis, Jo Nanson, Ab Chudley to name but a few.

Efforts supported by steady bureaucraties and ministerial supports

The work that has resulted is diverse and multifaceted

In this brief overview I have not tried to be comprehensive in mentioning all the projects that have been completed or are ongoing

This is rather a description of the representatives kinds of efforts in the field.

FASD prevention is often organized through the description offered by the Institute of Medicine

- **Universal**
 - Provision of information that might effect individual change
- **Selective**
 - Direct interactions with women deemed to be at high risk for having children with FASD
- **Indicated**
 - Embedding FASD Prevention within a social determinants of health context
 - Incorporation of concepts for FASD prevention into other types intervention programs for women who might be also at high risk for having children with FASD.

Disclaimer

- This is a very brief over view of a vast mount of efforts over decades
- If I have neglected your work or a project that you think of great importance I am sorry, MY ERROR.

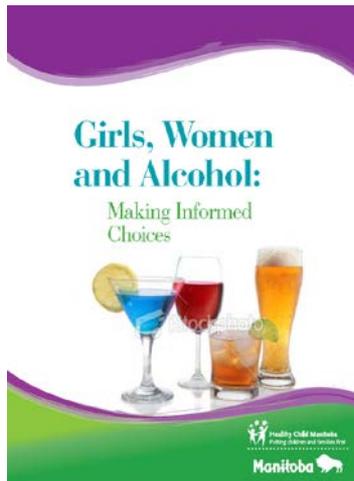
Universal warning

- Hundreds of community based warning campaigns directed primarily at women who are either pregnant or considering pregnancy in every Province and Territory
- Material developed for health care professionals to distribute to patients in every Province
- Saskatchewan Prevention Institute – an example of ongoing provincial work
- In-Service training for health care providers, social workers, educator, mental health specialists, etc
- Formal curriculum in medical schools including University of British Columbia
- The FASD Series (free on-line continuing medical education course), Memorial University of Newfoundland and many others
- Alcohol Use and Pregnancy Consensus Clinical Guidelines, Society of Obstetricians and Gynaecologists of Canada (sponsored by PHAC)

Universal Warning

An example of new ideas, these from Manitoba:

- Grass Root Coalition Gatherings
- Teen Talk Website: teentalk.ca
- Visions and Voices
 - Individuals with FASD speak publicly about their experiences of living with this disability



Selective Warning

- Mother Risk in Toronto
- Sheway/Herway in British Columbia
- Brief Intervention Counseling Project choices (Manitoba)
- The Treatment Improvement Protocol from SAMHSA adapted for Canada (first trial in Alberta just underway)

Indicated warning

- Use of the PCAP (parent child advocacy program) primarily in Alberta and Manitoba
- Mothering Project in Manitoba
 - A new comprehensive program from Mount Carmel Clinic designed to support women who have substance use problems and are pregnant or parenting
 - Supporting them with easier access to services with the goal of healthier pregnancies, and enhanced parenting skills.

Alberta Model for oversight and system development for FASD

- Long standing “Cross Ministry Committee to coordinate provincial FASD activities
- Alberta has developed 12 FASD Service Networks across their province.
 - Initiatives are then developed through these networks
 - For example: the system is working with primary care providers to develop the skills to engage in non-judgemental, empathetic conversations about alcohol use through training and the use of screening tools to engage women in the Prevention Conversation

Canada FASD Research Network

- Funded by 5 Provinces and 3 Territories to development data that can improve policy
- Additional funding for specific projects most commonly from Public Health Agency of Canada
 - Towards an Evaluation Framework for Community-based FASD Programs, B.C. Centre of Excellence for Women's Health and
 - Evaluation of the documented success of primary prevention campaigns