Creating Community Health through the Health Home

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Shared Vision and Purpose

- **Community-based health care will see…**
  Albertans' health and wellbeing improved through an integrated health care system that structures and plans around individuals and their communities and connects people to needed care and services.

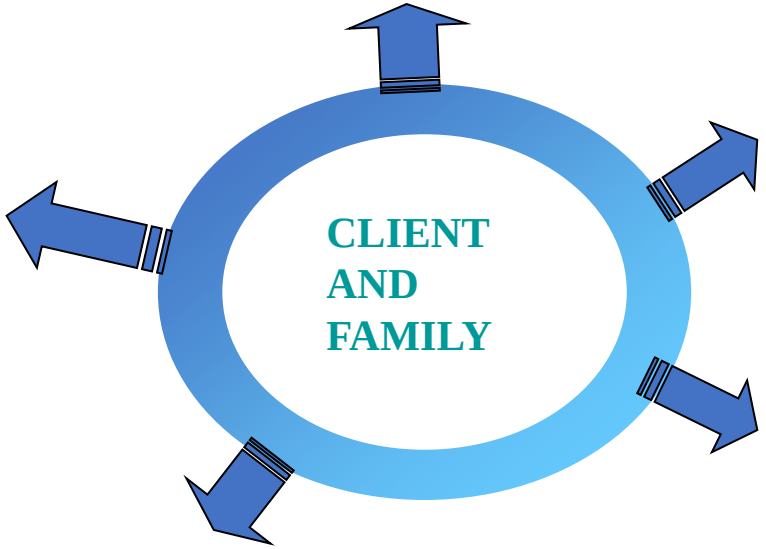
- **Our purpose is to create a health care system in Alberta that emphasizes staying healthy and supports people who need care.**

Example: Addiction and Mental Health Patient Journey

Community

•Community Mental Health

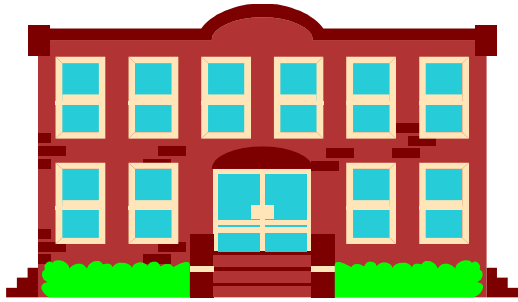
MISSING RESOURCE
Alternative to Hospital



MISSING RESOURCE
Primary Health Care
Post-Discharge

Acute Care

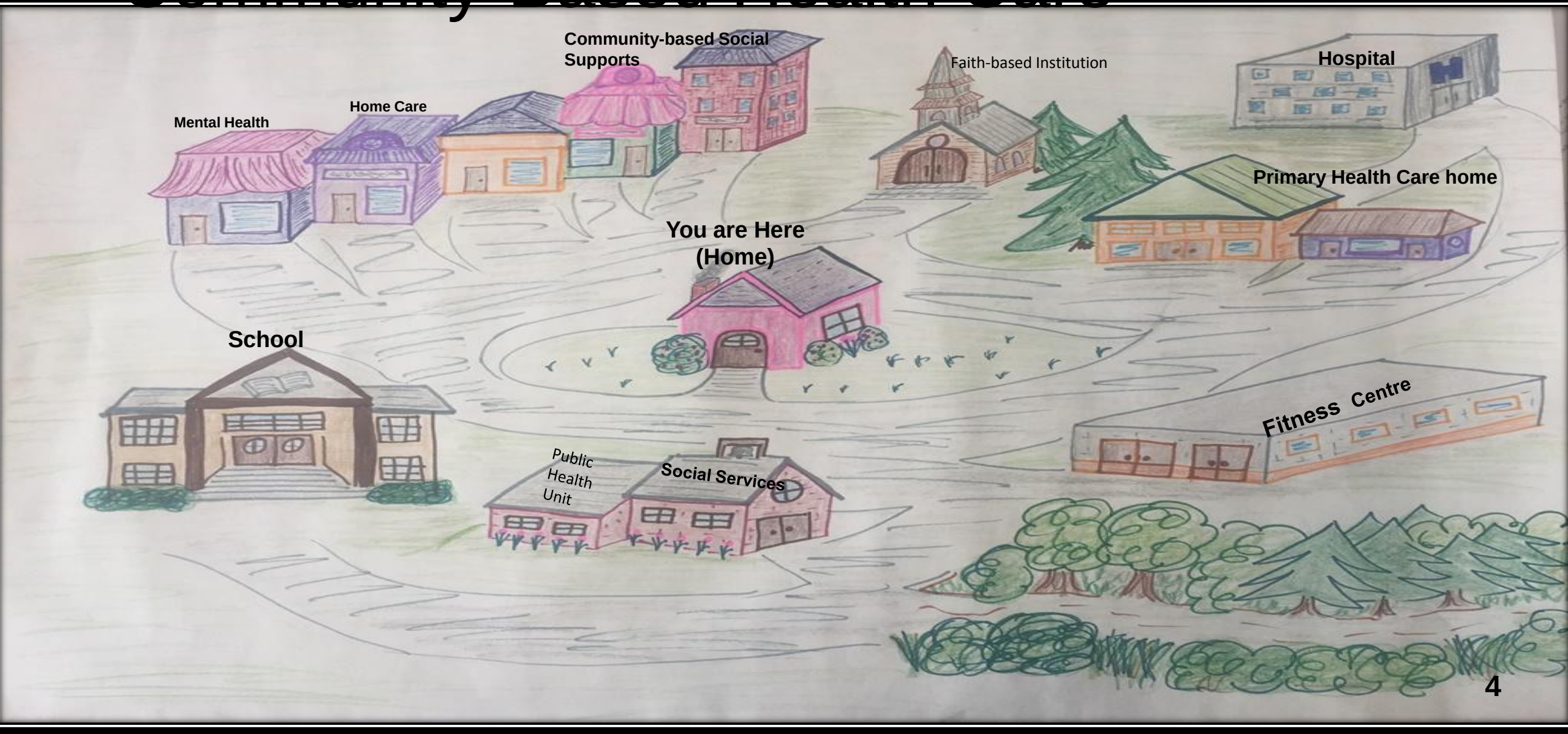
•Stabilization
•Assessment
•Treatment



•Stabilization
•Treatment
•Assessment

Tertiary Care

Community-Based Health Care



Key Benefits

- ✓ Participate in planning for services in community
- ✓ Access to your own health information
- ✓ Improved coordination across the health system
- ✓ Increased support for managing your own health
- ✓ Health services designed for the community based on its population health needs
- ✓ Fewer visits to emergency departments and greater connection to health, social and community programs

- ✓ Greater relationship with trusted provider who can help you get care from other professionals
- ✓ Team-based approach to your care

Transforming Primary Health Care through 5 Strategic Directions

1. **Bring About Cultural Change**
   Changes in primary health care will require changes to collective behaviours, attitudes and mindsets of all Albertans and providers.

2. **Enhance the Delivery Of Care**
   The health system has resources and capacity but it is inequitably distributed. PHC needs to be better integrated and coordinated.

3. **Establish Building Blocks for Change**
   Structural components (such as effective governance, common information management and effective evaluation) need to be enhanced or created to continue moving towards a vision towards PHC

4. **Health Services Design Based on Population Needs**
   Communities have unique assets that influence overall health and wellbeing. These assets address unique needs and must be supported to enable opportunities to develop local solutions

5. **Increase Value and Return On Public Investment**
   Albertans pay more for health care than other Canadians despite our young population and our system ranks in the middle of the pack on performance

Key Component: Health Home

A Health Home…

means access to a core set of primary care services delivered by a team of providers who manage and coordinate your health care journey and connect you to other health and social services.

Attachment to a Health Home

- The expression of a continuous and longitudinal relationship between individuals and their primary health care provider/team
- Benefits to Albertans include:
  - Continuity of care over time and for specific conditions
  - Improved care management
  - Improved ability to confidently and competently manage their own care
  - Proactive screening and follow-up
- Benefits to providers include:
  - Improved ability to provide continuous care management over time, leading to better health outcomes and less use of emergency/acute
  - The ability to identify a panel of patients and target services/programs

Alberta Government

Thank You!

Questions?