

# **Diagnostic Imaging in Alberta**

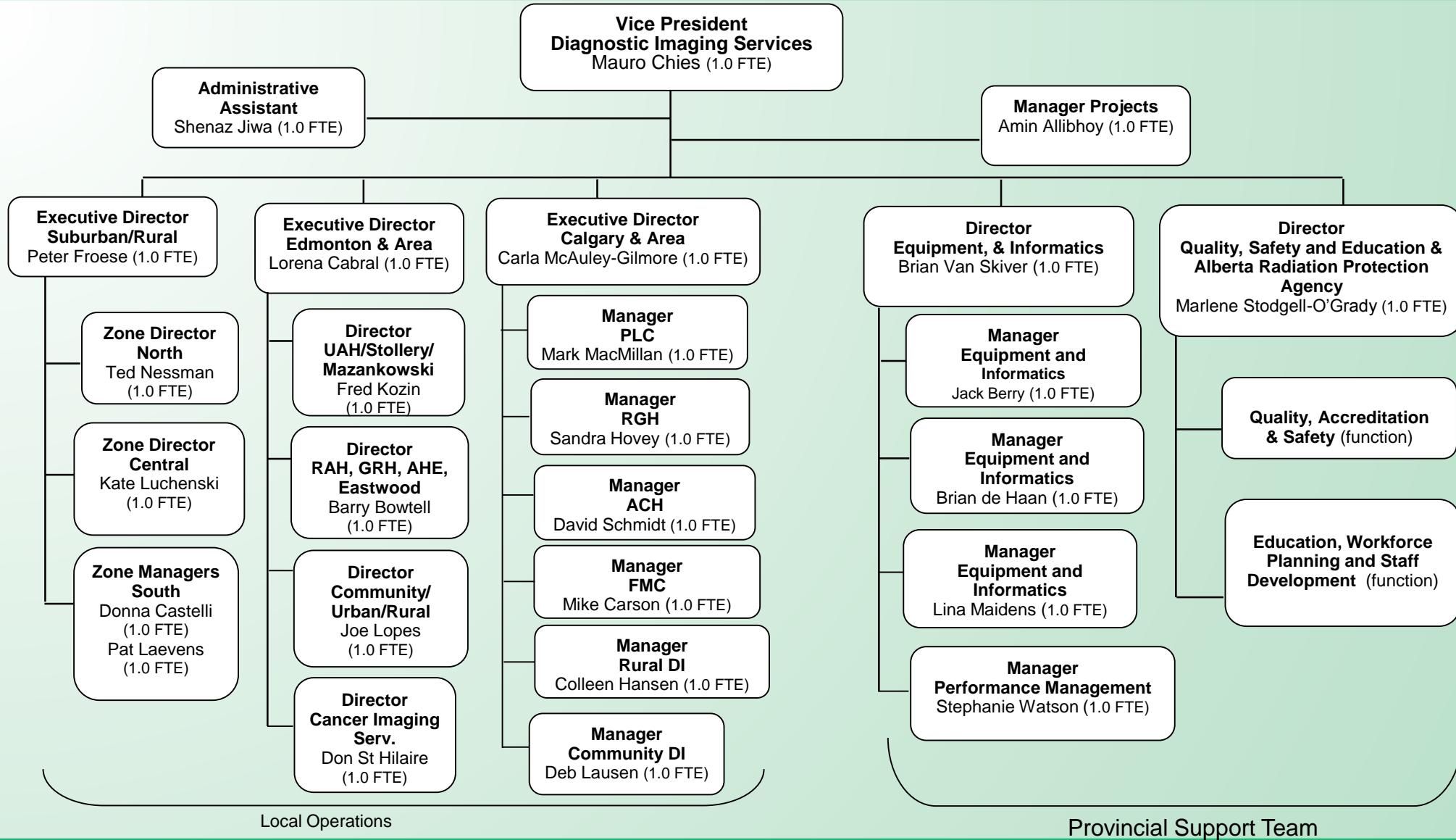
**Dr Bill Anderson, Edmonton  
Zone Clinical Director**

**Mauro Chies, Vice President  
Diagnostic Imaging Services**

# **Diagnostic Imaging Structure**

- **Divided into Local Operations. Divided into three zones with a “dyad” leadership model consisting of a Clinical Director and an Executive Director**

# Clinical Support Services Diagnostic Imaging Services

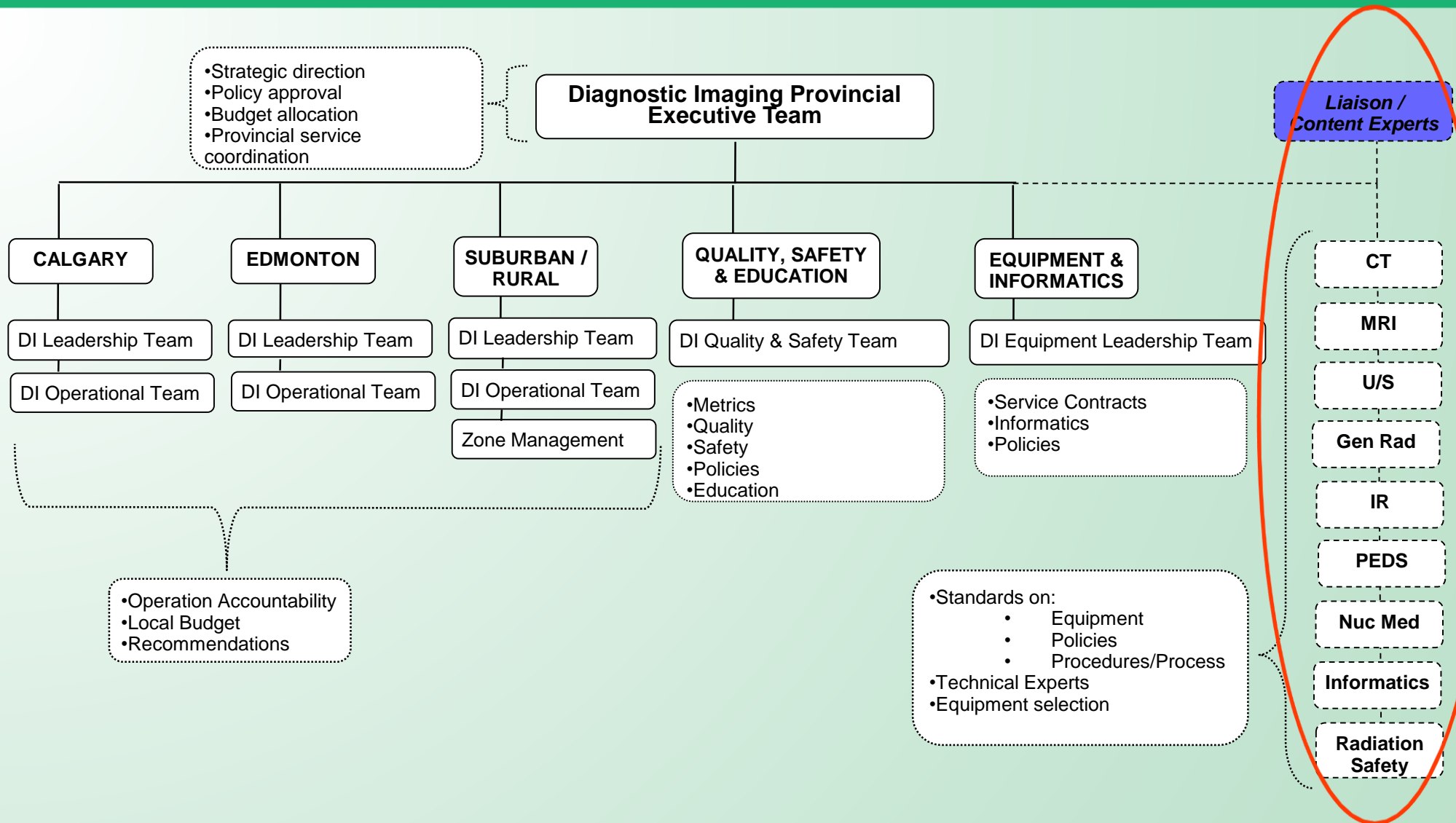


# **Diagnostic Imaging Governance**

**Diagnostic Imaging Provincial Executive Team (DIPET) is the strategy and decision body for DI in the Province reporting up to Andrew Will, EVP, Clinical Support Services.**

**Modality Liaison groups (ie MRI, CT etc) make up the content experts and knowledge transfer groups consisting of radiologists, technologists and managers reporting up to DIPET.**

# Diagnostic Imaging Governance



# **DI Provincial Function**

- **Diagnostic Support and consultation for Ultrasound, Gen Rad, Nuclear Medicine, CT, MRI, Interventional Radiology and Cardiac Catheterization for all AHS facilities (2.7 million exams annually)**
- **Approx 130 sites**
- **Community support through Community Providers**
- **Interventional Therapies and treatment (O.R. style services)**

# **Diagnostic Imaging Model in Alberta**

- **Approximately a 50-50 activity split between community and hospital activity.**
- **Community imaging providers operate independently and are funded through the Schedule of Medical benefits (SOMB)**

## **Diagnostic Imaging Model in Alberta – cont'd**

- **CT and MRI are only funded through AHS global operations. SOMB does not cover MRI and CT in the community.**
- **Community providers can and do provide these services through Private Pay, WCB, industry and military.**



## **Diagnostic Imaging at a glance**

- **22 MRIs in the province. (includes 1 for cancer imaging, 1 mobile, 1 intra-operative and a 3 Tesla for clinical and research)**

# **MRI 90 day Access Working Group**

- **Established in 2002/03**
- **Consisted of Radiologists, managers and representatives of physician practice and Alberta Health and Wellness**
- **Developed Prioritization guidelines to be utilized at target wait times and appropriateness.**
- **Agreed to and approved by local Medical Advisory Committees.**

# MRI Prioritization Guidelines

MRI Outpatient Prioritization categories are as follows:

- Priority One (less than 7 days)
- Priority Two (less than 30 days)
- Priority Three (less than 90 days)
- Priority Four (scheduled exam follow-up as clinically necessary)

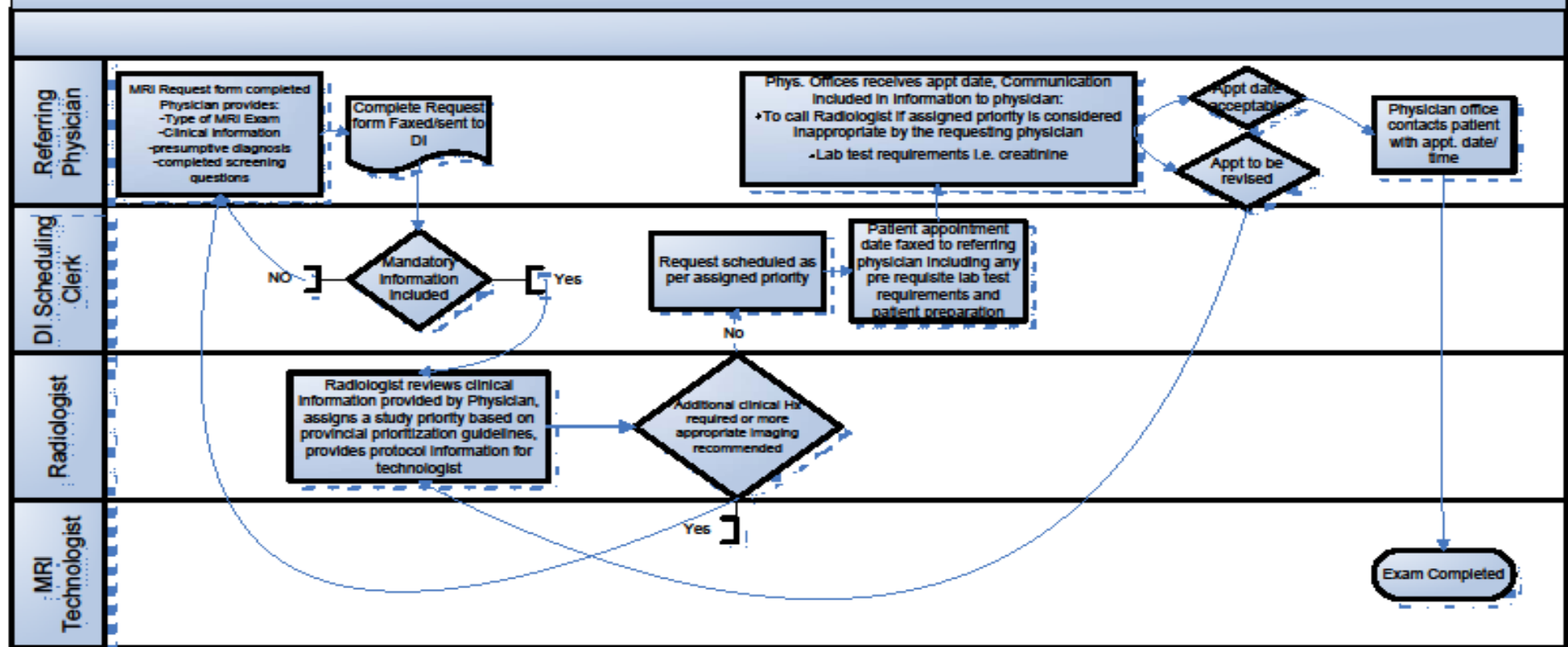
# MRI Utilization in Alberta

## MRI Utilization rates

<b>Zone</b>	<b>2009/10 MRI exams</b>	<b>Population</b>	<b>Utilization rate 2009/10 per 1000</b>
North Zone	11,803	412,081	28.6
Central Zone	11,885	430,029	27.6
South Zone	12,380	271,305	45.6
Edmonton Zone	70,694	1,084,554	65.2
Calgary Zone	58,280	1,275,664	45.7
<b>Provincial Total</b>	<b>165,042</b>	<b>3,473,633</b>	<b>47.5</b>



#### MRI Patient Scheduling Workflow 2009



## **Future State (? Date Project Proposal)**

### **Physician requests MRI**

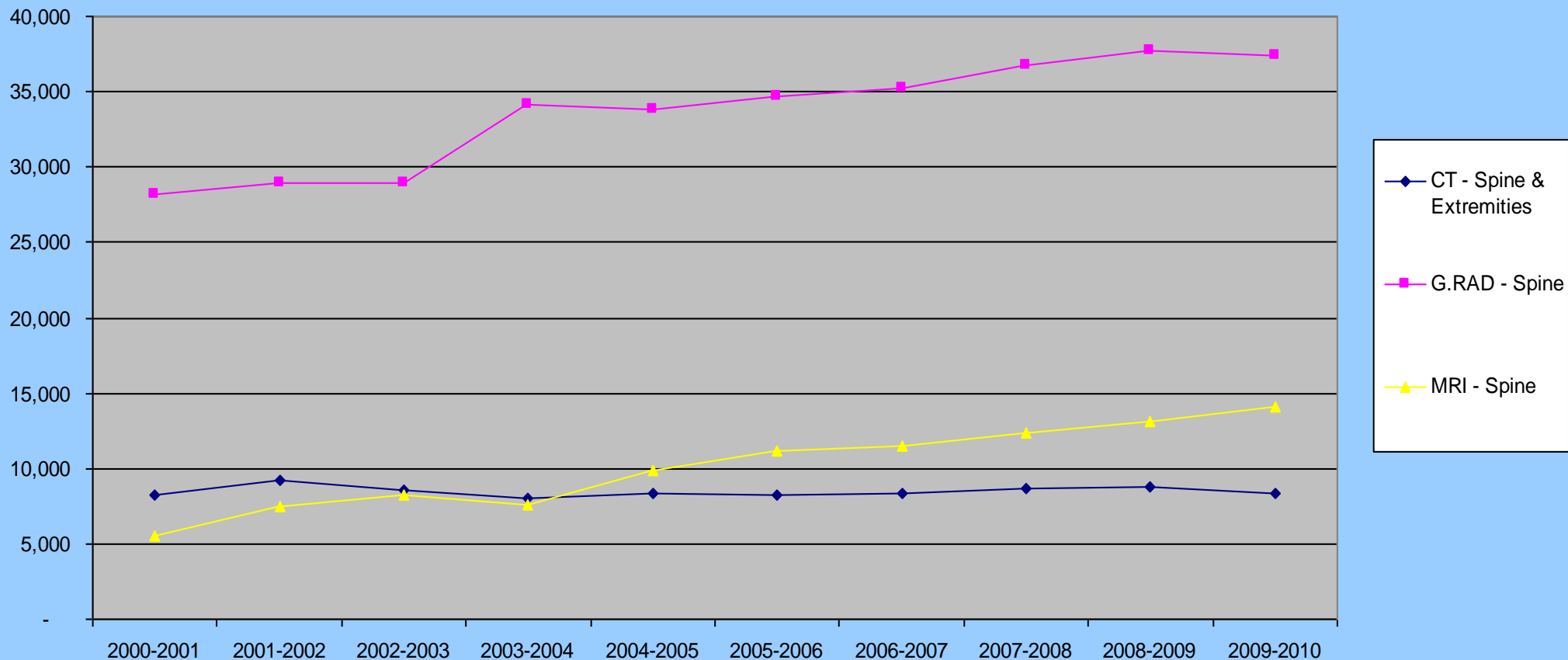
**EMR feeds specific information into a CPOE with CDS tools (CAR Appropriateness Criteria)**

**a) More appropriate exam or consultation is suggested, or request is denied as inappropriate, Physician may over ride**

**b) Through web based schedule exam is booked and appointment confirmed with Patient at the time (option to request alternate time)**

# Spine Exams AHS Edmonton

Spine Exams (CT- G.RAD - MRI)



# **L-Spine Plain X-rays in Community**

**Clinic volume 50% of imaging**

**Typically higher % of plain images**

**Top 10 “requestors”**

**6 Chiro, 1 Ortho, 3 FP**

**Top 5**

**Chiro**

**(45% of L-spine X-rays, often include pelvis, T and C-spine as per routine)**



# **Low Back Pain Guidelines Process**

**TOP (?) – ensure adequate stakeholder input (no DI, Ortho, Neuro) was an oversight for this guideline**

**“aimed more at physical activity/pain management”**

**Patient driven issues (FP, want vs. need, issue of “value of knowledge” needs study ? IHE??)**

# **Low Back Pain Guidelines Process**

**Issues: Red Flags and “consider referral”**

**Volumes (fear of increased volumes)**

**Ortho and Neurosurgery want MRI pre-consult what does the FP do??**

**Resolution ??? Now at KT?**

**(?) Clinical Network (including imaging expertise) with AMA review and perhaps revise or change referral process (currently has a Low Back Pain subcommittee)**

# **Unintended Consequences**

## **Ottawa Ankle Rules**

**13% increase volume, 3% increase ER visits**

## **L-Spine X-rays (Red Flags)**

**JAMA (Suarez-Almazor et.al. 1997)**

**(13% ordered, 44% with guidelines) 238% increase**

## **CT Head, Peds Trauma (CMAJ, Stiell et al, 2010)**

**KT did not reduce rates of Head CT (65 to 75%,  
p=0.16)**

# **Solution**

**Complex**

**Knowledge Transfer is certainly critical**

**Tool must be appropriate within Alberta and  
patient – physician (clinician) relationship**

**One area but a more robust solution is necessary**

**CPOE with CDS**

**Patient Portal with KT tools (?)**